

SAMANEA

RAINTREE CLUB MEMBERS' NEWSLETTER • PP 11049/11/2012 (031176)

Calmness is a cradle of *Power*



RAINTREE
Flea Market

SWIMMING
CHALLENGE



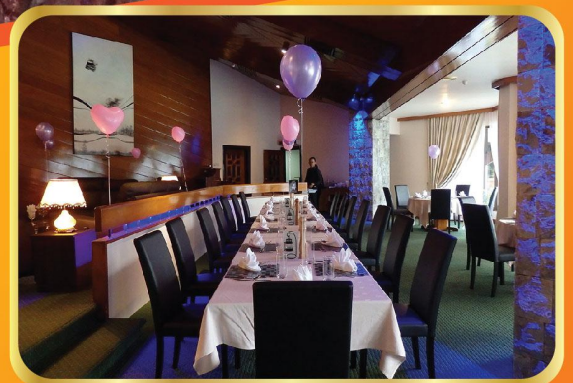
ANNUAL
KARAOKE
COMPETITION 2018



The Raintree Club of Kuala Lumpur
An Invitation To The Good Life



SUITABLE FOR WEDDING & BUSINESS SEMINAR,
CUSTOMISED PACKAGES ARE ALSO AVAILABLE.

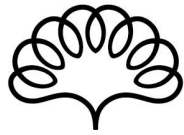


BANQUET HALL FOR RENTAL

*AMAZING POOL VIEW *SEATS UP TO 100 PAX

BOOK LILASARI TODAY!

For further enquiries, please contact at 03-4257 9066 or
Hadi - 013 - 3123 8800 & Hanie - 014 - 6930 920



The Raintree Club of Kuala Lumpur



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PATRON

Y.A.M. Tunku Naquiyuddin Ibni Al-Marhum Tuanku Jaafar

HONORARY MEMBER

Y.A.B. Datuk Seri Najib Tun Abdul Razak

GENERAL COMMITTEE 2016/2018

President

Mr. Peter Yu Kok Ann

Vice President

Mr. Peter Lim Chee Min

Secretary

Mr. Ng Boon Kuan

Treasurer

Mr. Barry Chong Kim Teck

General Committee

Mr. Richard Yeoh Yong Woi

Encik Ismail Hassan

Mr. Chin Hoi Wei

Mr. Lim Yuh Hock

Mr. Chow Seck Kai

MANAGEMENT TEAM

General Manager

Mr. Steven Goh

stevengoh@raintree.com.my

Marketing & Communications Manager

Ms. Nicole Tan

nicole@raintree.com.my

Senior Accounts Executive

Puan Surina Low Abdullah

surina@raintree.com.my

Senior F&B Executive

Encik Hadi Abdul Aziz

hadi@raintree.com.my

Senior Sports & Recreation Executive

Mr. Brian Ho Chee Fai

brian@raintree.com.my

Executive Chef

Mr. Tommy Teo

tommy@raintree.com.my

Admin/HR Executive

Mdm. Shirley Lieng Sheau Lee

shirley@raintree.com.my

Membership Executive

Puan Norliza Md Noor

liza@raintree.com.my

Asst Maintenance Executive

Mr. Perumal all Ponnar

perumal@raintree.com.my

Asst Duty Executive

Puan Hanizah Syima Rozali

hanie@raintree.com.my

Graphic Designer

Encik Mohd Amiruddin Khairul Annuar

amir@raintree.com.my

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PRESIDENT'S MESSAGE

The EGM/AGM as a Club Activity

Some member like to be reminded to pay their dues. Every month our finance department has to message or call about 60 members. Of course almost all pay up after being reminded but it seems like a waste of time. Many members pay by credit card and rack up credit card charges to the club of almost rm30,000 a year. Other members have a standing order for the bank to pay the Club and this also costs another rm30,000 per year. We are looking into how to reduce these charges.

Tengku Abdullah ibni Sultan Abu Bakar passed away on the morning of 13th August, 2018, at the age of 78. Tengku Abdullah was a founder and promoter of the Raintree Club.

You may notice that the Sports Desk has a new digital clock on the wall. We have had issues with the Sports Desk, Tennis Court, gym and Swimming Pool clocks showing different times. So we are testing the accuracy of the digital clocks against the clock in the computer. If accurate, we may install digital clocks in other areas.

The Club will soon have an AED (Automated External Defibrillator) at the Sports Desk and staff and some members will be trained in how to use it. This device gives voice instructions to the person using it. There will also be a resuscitator bag to pump air into a victim's lungs so that mouth to mouth resuscitation is not needed.

A reminder that Friday nights are smoke free in the bar. Smokers may of course step out of the bar for a while and use the seating provided and smoke.

Next time you are in the coffee house, ask for Murali. Ask him to make a special drink from his menu. You will be pleasantly surprised.

Another reminder to show the Samanea to your wife/husband/children.



19th

**RAINTREE INTERNATIONAL
JUMBO SQUASH DOUBLES COMPETITION**

FOR THE
YAM TUNKU NAQUIYUDDIN
CUP 2018

DATE

5th - 7th OCTOBER 2018

VENUE

**JUMBO SQUASH COURTS,
SPORT PAVILION,
RAINTREE CLUB**

FEE

RM100
PER PAIR OF PLAYERS

Entry Form is obtainable from the Sports Desk@Raintree Club or kindly call us at 03-42579066 (Sports Office- ext 105) or email us at brian@raintree.com.my for a copy.

Obituary

Founding President of Raintree Club

Raintree Club extends deepest condolences to the family of the late Tengku Tan Sri Abdullah (Tengku Ariff Bendahara Pahang) who passed away on 13th August 2018.

Tengku Abdullah was instrumental in the establishment and development of Raintree Club which was officially opened in 1983 and served as its first President.



URBAN EDIBLE ECO GARDENING WORKSHOPS

Class #2 Building Healthy Soil

DATE : 2 JUNE 2018
TIME : 8.30 AM - 10.30 AM
VENUE : RAINTREE CLUB GARDEN



Class #3 Moon Gardening

DATE : 23 JUNE 2018
TIME : 8.30 AM - 10.30 AM
VENUE : RAINTREE CLUB GARDEN



URBAN EDIBLE ECO GARDENING WORKSHOPS

Class #4

Know Your Plants

DATE : 30 JUNE 2018
TIME : 8.30 AM - 10.30 AM
VENUE : RAINTREE CLUB GARDEN



Class #5

Communicating
with Plants

DATE : 21 JULY 2018
TIME : 8.30 AM - 10.30 AM
VENUE : RAINTREE CLUB GARDEN



RECIPROCAL CLUBS

INTERNATIONAL CLUBS

Club Name	Accommodation	Visiting Period
Brisbane Polo Club, Australia	✗	90 days visit a year.
City Tattersalls Club, Australia	✗	N/A
Royal Automobile Club of Australia	✓	N/A
Royal Brunei Yacht Club, Brunei	✗	N/A
Terminal City Club, Canada	✗	14 times a year.
The Glencoe Club, Canada	✗	15 days visit a year.
Ambassy Club Shanghai, China	✗	14 times a year.
Shanghai Town and Country Club, China	✗	2 weeks per visit and 3 times a year.
The St James Club, England	✓	N/A
The Hong Kong Cricket Club, Hong Kong	✗	2 weeks per visit and 3 times a year.
Bombay Gymkhana, India	✗	2 weeks per visit and 3 times a year.
Jaisal Club Ltd, Rajasthan, India	✗	40 Days a year, 7 Days at a times in a month
Indonesia Petroleum Club, Indonesia	✗	N/A
Baguio Country Club, Phillipines	✓	N/A
Manila Polo Club, Phillipines	✗	15 days visit a month - Separate monthly charges with extension at US\$13.00. 2 consecutive months visit / 3 months in a year.
The Rockwell Club, Phillipines	✗	2 weeks per visit and 3 times a year.
The Royal Scots Club, Scotland	✓	2 weeks per visit and 3 times a year.
Aranda Country Club, Singapore	✓	N/A
Orchid Country Club, Singapore	✗	14 times a year.
Raffles Marina, Singapore	✗	30 days visit a year.
Raffles Town Club, Singapore	✓	10 visits a year.
Singapore Recreation Club, Singapore	✗	N/A
The Hollandse Club, Singapore	✓	30 days visit a year.
The Tanglin Club, Singapore	✓	30 days visit a year. Excess of the period of 30 days, subscription will be charged. Limited to 3 months in a year.
The Rand Club, South Africa	✓	2 weeks per visit and 3 times a year.
Sallakapet Club, Sweden	✗	N/A
American Club Taipei, Taiwan	✗	2 weeks per visit and 3 times a year.

LOCAL CLUBS

Club Name	Accommodation	Visiting Period
Segamat Country Club, Johor	✗	2 weeks per visit and 12 visits a year.
The Malacca Club, Malacca	✗	30 visits a year.
Royal Port Dickson Yacht Club, N.Sembilan	✓	30 visits a year.
Penang Sports Club, Penang	✗	2 weeks per visit and 3 visits a year.
Penang Swimming Club, Penang	✗	14 days visit year.
Kelab Ipoh Diraja, Perak	✗	2 weeks per visit and 3 visits a year.
The Ipoh Swimming Club, Perak	✗	1 week per visit and 10 visits a year.
The Sarawak Club, Sarawak	✗	14 days visit a year.
Kelab Desa Rantau Petronas, Terengganu	✗	3 visits per month or 30 visits a year.

Note : N/A - Open Visiting Period
 ✓ - Accommodation Available
 ✗ - Accommodation Not Available

To enjoy the perks at any of the affiliated clubs, contact our membership department at **+603 4257 9066** or email to **admin@raintree.com.my** or **liza@raintree.com.my** for a Letter of Introduction.

Waffle

MENU

@ *Kenanga*
COFFEEHOUSE

Fruit Waffle

Rm 6.50



Chocolate Waffle

Rm 6.50



Plain Waffle • Rm 4.50

ANNUAL KARAOKE

COMPETITION 2018

SATURDAY, 21ST JULY 2018
7PM @ CERATING BALLROOM





The 2018 Raintree Karaoke competition was held in the Lila Sari on 21st July 2018.

DUET
CHAMPION:
IRENE TEH & JENNY LEE

RUNNERS UP:
TAM CHEE KEONG & CYNTHIA CHOW

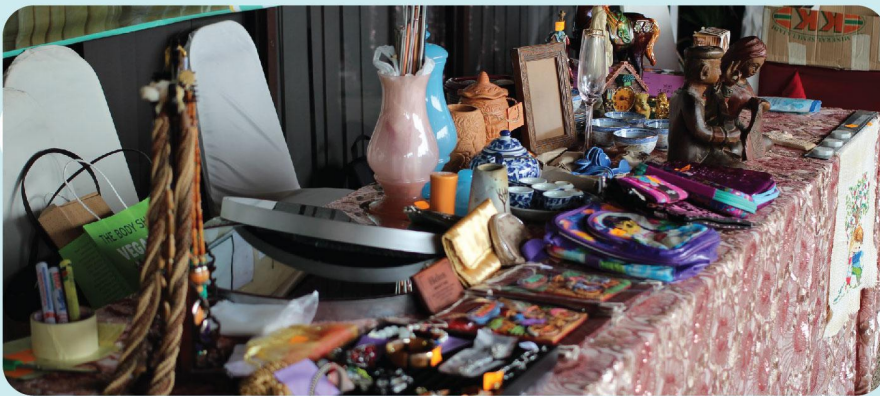
SOLO
FIRST PLACE : **WESLEY LAU**
SECOND PLACE : **TAM CHEE KEONG**
THIRD PLACE : **KIRA LAI**
FOURTH PLACE : **SHIRLEY LEONG**
FIFTH PLACE : **STEVEN LOO**



RAINTREE Flea Market

Date : 19 August 2018
Time : 11am - 6pm
Venue : Lobby, Raintree Club

A total of 35 stalls was set up featuring food & beverages, fruits, pre-loved items, plants, seeds & antique collection at the Club's Lobby & walkaway. We are entertained by amazing piano performance from Mr. Ray Mak as well as ballerina moves from Miss Andrea Lee. Join us and look out for our next flea market session soon.





Principal members may transfer memberships to the next generation

Since the completion of Raintree Club's superb club house and sports facilities in 1983 and the official opening by the then King (the Sultan of Pahang) in 1984, members and their families have enjoyed the Club and their children have grown up with the Club as a second home and many of them are now young adults with families of their own.

We hear of principal members who, for various reasons are unable to use the facilities any more.

We wish to remind members that they have the option (subject to GC approval) of transferring their memberships to their second generation i.e. their children who have attained the age of at least 18 years.

The Club will only levy a nominal fee of RM500 to effect the transfer. Members who are unable to utilize the Club's facilities are encouraged to do this to enable their children (and their families) to enjoy the facilities in their own right.

Please contact the Membership Department (03-4257 9066) if you need further info.

Transfer of Membership on death

Article 36 of the Raintree Club Constitutional Rules provide that, upon the death of a principal member, the membership may be transferred to the administrator, executor or beneficiary of the estate (as the case may be) subject to the subsisting terms and conditions. In essence the club membership is an asset and dealt with as part of the member's estate.

Please contact Membership Department if further information is necessary.

INTERCLUB KARAOKE COMPETITION



Inter-club Karaoke competition hosted by the Kelab Golf Negara Subang on 11 August 2018. The duet champion was won by Irene Teh and Jenny Lee.

**INTER-CLUB KARAOKE DUET CHAMPION:
IRENE TEH & JENNY LEE**



SERIES OF SPORTS FRIENDLY WITH ROYAL LAKE CLUB, 14 JULY 2018

A series of Games of Tennis, Table-tennis, Snooker and Darts were played at Royal Lake Club, on the Saturday afternoon, 14 July 2018. A contingent of more than 40 players attended the 4 Sports friendly matches at 3pm, played till 7pm. A sumptuous fellowship dinner was then held at their Banquet Hall. Our President, Mr Peter Yu met their RLC President, Mr Patrick Chiam, whom also both are Members of the two Clubs; exchanged memorabilia and thanked RLC for their warm gestures and camaraderie for supporting the series of games between both Clubs in an effort to foster stronger bi-lateral ties with Royal Lake Club.

Overall results of the friendly matches were:

Sports played	Won By:
Tennis	Raintree
Table-tennis	Raintree
Darts	Tie
Snooker	Royal Lake Club





Food Safety in a Restaurant and at Home

Working in the restaurant and foodservice industry is not easy. You have responsibilities to your operation, your managers and coworkers, and your customers. The best way to meet those responsibilities is to keep the food you serve safe and build a food safety culture. The same principles also apply in the home.

1. Purchasing food from unsafe sources

Buying products from reputable supplier with certain certification such as GMP, HACCP and any ISO will reduce chances of food poisoning. Reputable supermarket often do these safety checks for you.

2. Failing to cook food correctly

Cook food so that its interior reaches a specified minimum temperature. Failure to do that might allow certain microbes to survive during cooking. Cooking chicken to min 74C, Ground meat to min 68C and meat to min 63C will help to eliminate microbes.

3. Holding food at incorrect temperatures

Holding means the time between cooking and eating. Keeping cold food below 5C and hot food above 60C will slow most microbes in multiplying. Time is crucial factor. Holding food for a short time, say one hour at room temperature will not present much danger. Buying some thermometers may be a good investment.

4. Using contaminated equipment

Failing to wash, rinse, and sanitize equipment and utensils between uses. Pay attention to Ready to Eat (RTE) foods such as salads, bread etc., because no further cooking is needed. Washing with soap gets rid of dirt. Rinsing with running water washes the dirt and soap away. Dipping the utensils in a sanitiser kills the bacteria. Air dry without wiping the utensils is the standard.

5. Practicing poor personal hygiene

Failing to wash hands between tasks may result in direct contamination to the food. Touching your face or other body parts contaminates your hands. Smoking will pass bacteria from your lips to your hands. Coughing or sneezing while preparing food will pass bacteria to the food. A sneeze can carry body fluids to a distance of 15 feet. Wash hands after using the toilet.

6. Washing Vegetables

There are three good reasons you should start washing your fruits and veggies: dirt, microorganisms and human pathogens.

Dirt on fruit and veggies often contain natural fertilisers like manure and soil. Do you want to put bits of animal fecal matter into your mouth? They may even have salmonella. According to the Food and Drug Administration (FDA), fruit and vegetables can also be contaminated by animals and poor hygiene among the workers who handle the produce before purchase. Hence, washing fruits and vegetables is extremely important. Wash veggies with roots in a different sink from the one used to wash normal utensils.

Tips: Remove and discard the outer leaves of lettuce and cabbage heads, and thoroughly rinse the rest of the leaves. Some greens harbor bits of sand and dirt, so don't be afraid to wash them twice.

Once washed, let your fruits, vegetables, or berries drain in a colander and transfer them to clean bowls or cookware.

Mushrooms just need a gentle brushing, no water needed. In fact, rinsing them with water may make them more difficult to clean.

7. Washing Shell Eggs

Dirty Shell Eggs are always associated with Salmonella that normally comes from chicken feces.

Tips: Wash a small number of eggs at a time under running water at a slightly higher temperature than the eggs. Ensure no visible dirt remains. Dry in room temperature before use.

8. Cross Contamination

When dirty food touches clean food, bacteria is passed on. This is called cross contamination. To avoid cross contamination:

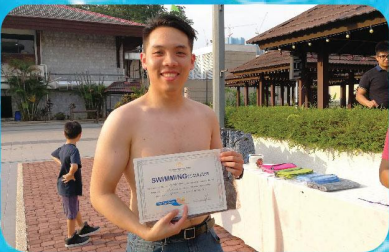
- Clean veggies before storage in the fridge
- Keep uncooked food away from cooked food. In the fridge, keep the uncooked food at a lower level to avoid unclean drippage.
- Keep cooked food in closed containers.

Written by Jamali Mat Sahak
jamali@mindaflex.com.my

Jamali recently gave a Food Safety Course to the Kitchen Crew at Raintree

SWIMMING CHALLENGE

Date : 19 August 2018
Time : 3PM - 6PM



There were 30 swimmers took part in the various swimming challenges, eg. Half km swimming challenge, One km swimming challenge as well as team or family relay competition.

Out of the 8 young swimmers for the half KM (20 laps) swimming challenge, Mr Jared Yeoh came out 1st as the fastest swimmer for the junior category.

Also, in the One KM (40 laps) Swimming Challenge, Mr Khoo Delon emerged as the fastest swimmer for the adult category.

In the FUN RELAY TEAM EVENT(4 x 50M) x 5 teams, the 'KHOO' brothers emerged as the CHAMPION TEAM with their fastest timing of 2:27.38.

In the GC TEAM RELAY EVENT (4x 25M) x 4 teams, Mr 'CHOW SECK KAI' TEAM emerged as the CHAMPION TEAM with their fastest timing of 1:32.34.

CONGRATULATIONS TO THE INDIVIDUAL AND TEAM SWIMMERS ABOVE!!!



STABLEFORD CLASSIC CHAMPIONSHIP 2018

DATE : 5 JULY 2018

VENUE : KELAB GOLF PERKHIDMATAN AWAM

PLACING

		HCP	Points
1st	Tay Hoon Lim	22	39
2nd	John Tan	16	38
3rd	David Pang	20	36 ocb
4th	Suah Chee Kang	18	36
5th	Jacqueline Cheong	25	36
6th	Aaron Loke	14	35

BALLSWEEPS

1st Nine			
	Andrew Kim	15	22
2nd Nine			
	Lee Kwok Meng	20	17



PASTRIES @ *Kenanga* COFFEEHOUSE



Firecracker Sausage **RM 3.50**



Banana Puff **RM 3.50**



Butter Gipfel Close **RM 3.50**



Butter Gipfel Crescent **RM 3.50**



Black Pepper Chicken Pie **RM 6.50**



Thai Green Curry Pie **RM 6.50**



CAKES @ RM6.50



Oreo



Chocolate Indulgence



Blueberry Cheese



Moist Chocolate



The Raintree Club of Kuala Lumpur

MERDEKA PROMOTION

Until 16 September 2018



Curry Laksa
RM 12.90

Braised Chicken
(with rice)
RM 12.90



Ayam Percik
RM 12.90

Children's Activity

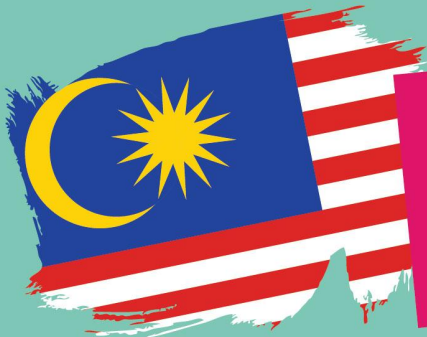
CREATIVE CRAFT

15 JULY 2018

3 P.M. - 4.30 P.M.

3-15 YEARS OLD

CHILDREN LIBRARY



Children's Activity

CREATIVE CRAFT

12 AUGUST 2018

3 P.M. - 4.30 P.M.

3-15 YEARS OLD

CHILDREN LIBRARY



What's Best for Your Child's Future

International Baccalaureate education at Fairview International School

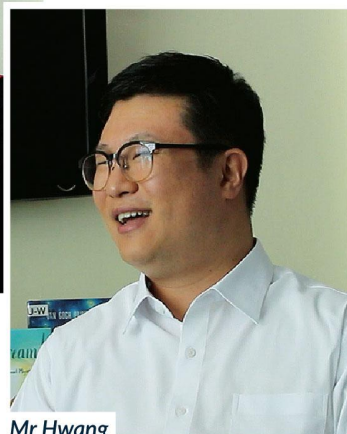
As parents, the singular burning question that we ask ourselves constantly: "Are the decisions I am making for my child today, the best one for their future?" So what then should we look for, when deciding which curriculum our children should adopt as their education foundation?

Mrs Azlina, a Malaysian mother of three, soon-to- be four shared, "During my time, I was limited to what the teacher says. I wanted something better from my children,". Having travelled the world, due to the nature of her husband's job, they were exposed to many different curriculums in international schools abroad, and they decided that the International Baccalaureate (IB) is the one for their children.

"At meal times, and family discussions on our holiday plans, they start to enquire, they start to speak out their ideas," she mused as she reflected on how fulfilling it was to have her children aged 7 to 10 contribute in family conversations.



Mrs Azlina



Mr Hwang

As one of the key players of Azerbaijan's Ministry of Foreign Affairs, Mr Musayev also had a similar experience with IB education. When he was posted to Kuala Lumpur four years ago, his wife and him had some concerns regarding their children adaptation to a new language of learning.

Four years later, "The school we choose for our children, and its IB education is a decision that we will never regret. I have been excited to see the huge improvements in my children; their command of the English language now, their confidence, especially because my children and I, are naturally shy," explained Mr Musayev.

Mr Musayev's children are in an IB school which incorporates the teaching of these skills in the great outdoor.



Mr Musayev and his children.

"The school's inclusion of an away-outing over 3 to 4 days for the children at their EduResort in Port Dickson, is another major element contributing to my children's development in school," he quipped.

At the end of the day, whichever system we decide to place our children in, it is with the intention that they excel academically, learn skills that will carry them well into university and the working world, but more importantly be happy and comfortable with their environment.

This was the main concern of South Korean father Mr Hwang, who decided to relocate his family to Malaysia for the sake of his son's well-being and future. Initially, he had considered other locations such as China and Vietnam, but decided to hop into the movement of sending his child to a Malaysian school; a move which is quite common among the Koreans. "I choose Malaysia, and the school that my son is now in because during the school tour, I saw the environment and I really liked it. The students are not stressed out and they look happy. That was the main reason why we choose the school. I wanted my son to be one of them," he said.

Join the ranks of Mrs Azlina, Mr Musayev, and Mr Hwang whose children are students of Fairview International School.

As Malaysia's largest network of International Baccalaureate World Schools, Fairview International School sets itself apart from the rest by providing a complete IB education pathway.

The IB experience includes the Primary Years Programme (PYP), the Middle Years Programme (MYP) and also the pre-university IB Diploma Programme (IBDP). With all of its five campuses, namely in Kuala Lumpur, Subang, Ipoh, Penang and Johor, being officially recognised and accredited by the International Baccalaureate Organisation, Fairview stands tall as one of the 3,000 IB World Schools to date.

In Fairview, 21 st century education goes beyond the 4Cs – Collaboration, Creativity, Critical Thinking and Communication – as we merge them with the IB crux of culture and community. Any which makes our student educating themselves for a better world. Embark on bringing your child's future to him or her today with Fairview International School. Drop Barbara a call at +603-4142-0888 to begin your journey.

Seeing lessons of the past to apply for the future



MYP student, Sarah, was at awe during her school expedition to the mysterious ruins of Angkor Wat, Cambodia.



KUALA LUMPUR
+603 4142 0888

PENANG
+604 640 6633

JOHOR
+607 364 3378

SUBANG
+603 8023 7777

IPOH
+605 313 6888