



The Raintree of Kuala Lumpur
an invitation to the good life

samanea

Monthly Newsletter For The Raintree Of Kuala Lumpur • April 2010 (Vol: 04/10)



General Committee's Message

Greetings Fellow Members,

The General Committee is pleased to announce that after 21 years of Raintree Club's Court battle against Allied Capital Sdn Bhd, the Club has achieved a major breakthrough by obtaining a Court Order dated 23rd February 2010 to wind up Allied Capital with immediate effect. The Court had directed the Official Receiver to take full control of Allied Capital's assets according to the law within the next 48 hours.

The Companies Winding-Up Petition No. D-28NCC-96-2009 was filed on 5th October 2009 pursuant to section 218(1) (e) of the Companies Act 1965 after Allied Capital failed to pay the judgment sum of RM16,007,628.00 plus interest thereon at the rate of 8% per annum from the date of judgment, i.e., 6th February 1995 until full and final settlement together with costs. Allied Capital fought the Winding -Up Petition tooth and nail, but lost. Allied Capital had fought all the way in High Court Suit No. C23-1084-1986 through the Court of Appeal Malaysia, to the Federal Court, the highest Court in the land and lost too.

Allied Capital had also filed a suit in the High Court against Raintree Development Sdn Bhd in Suit No. C22-204-1986. This suit was used to block the assessment and recovery of damages against Tengku Abdullah Ibni Sultan Abu Bakar and 8 other defendants. The hearing of the assessment on damages has been completed and we are now awaiting the Court's decision on the quantum.

We believe that with the latest winding-up Court Order we have put the last nail in the coffin of Allied Capital's claim against our Club.

Notwithstanding the above application on winding up of Allied Capital, the auditors, KPMG in their unqualified Auditor's Report for the Financial Statements for year ended 2008 (Tabled at the year 2009 AGM held on 13 September 2009) had for the first time in the history of the Club removed the litigation contingent liability of all the Club Members. Unfortunately, this important and historical event was omitted by the President in the President's message in the Annual Report even after being prompted by the General Committee. The Auditors finally accepted that the Federal Court judgment in year 2001 upholding the High Court judgment in favour of the Club as the instrument which removed the litigation contingent liability of the Club Members.

This is an election year. The Club will be holding an election to form a new General Committee. Last month the General Committee had sent out a notification to Members setting out the time frame for auditing and printing of the final audited accounts for presentation at the coming Annual General Meeting which will be held in June 2010.

According to grapevines, many Members have expressed their desire to serve in the General Committee. We certainly welcome as many Members as possible to step forward and offer their services. We believe the noblest act you can perform is to give voluntary service to your fellow mankind.

Thank you.

CHAN CHOW WANG
Vice President



Editorial

Dear Members,

Just 2 months ago, we had a double celebration which were Chinese New Year and Valentine's Day. In the month of April, we have double celebration too which are Easter Day and Vaisakhi Day. The year 2010 is all about doubles; hence we are kicking off this month with the 1st Raintree Badminton Doubles League starting on the 1st April.

Vaisakhi Day is a Sikh religious festival, which falls on the 14th April of the Gregorian calendar. It is the New Year for the Sikh community and also the day when Guru Gobind Singh established the Khalsa in 1966. On the other hand, Easter Day is celebrated by the Christian community. The Christians believe that on this day, Jesus Christ resurrected from the dead.

Members' Introduction Night (MIN) was held on the 20th March and we extend a warm welcome to all our 32 new Members. The new Members enjoyed dinner with the GC Members, Convenors and their own guests. Everyone was treated to a 5 course Western Set Dinner and two-piece band belting out some great tunes ranging from the oldies to the current hits. More than 100 Members and Guests came and left completely pleased, with a souvenir to take home as well.

Sports & Recreation has quite a number of events going on. The Labour Day Carnival is on the 18th April and another badminton event, Badminton friendly with Royal Lake Club, happens on 8th of May. Register yourself now for these events at the Sports Counter!

The Children's Activity went pretty well on the 28th March and there's another coming up real soon on the 11th April. Be there or be square!!! A whole brand new movie set will be played in the Children's Mini Theatre. Check out the list of movies inside this issue!

For the benefit of Members, the Club has renovated the Children Swimming pool and it is now re-open for usage. Besides that, Members are invited to enjoy night Tennis for Court 4, 5 and 6 under the upgraded lighting system.

Members are also reminded to spend a minimum of Ringgit Malaysia Six Hundred (RM 600.00) per annum on the facilities or amenities provided by The Club. The minimum spending period for 2009/2010 will expire on 30th June 2010. Please be reminded that no extension of time will be given after 30th June 2010.

HAPPY CLUBBING!



The Raintree of Kuala Lumpur

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HONORARY MEMBER

Y.A.M. Tunku Naquiyuddin
Ibni Al-Marhum Tuanku Jaafar
Y.A.B. Dato' Sri Mohd Najib
Tun Abdul Razak, Prime Minister

GENERAL COMMITTEE 2008 / 2010

President

Dr. Michael Chiam Tow Hui

Vice President

Mr. Chan Chow Wang

Secretary

Mr. Chow Seck Kai

Treasurer

Mr. Ong Liang Beng

General Committee

Ir. Danny Hor Ah Kow
Mr. James Lee Soon Chiong
Mr. Michael Ng Soon Seng
Mr. Rattan Singh Sandhu

MANAGEMENT TEAM

General Manager

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liza@raintree.com.my

Security Executive

Mr. Rajendran a/I Laka

Assistant Maintenance Executive

Mr. Perumal a/I Ponnann

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History of Baisakhi

Baisakhi or Vaisakhi Festival is celebrated as the Sikh New Year and the founding of the Khalsa Panth. History of Baisakhi traces its origin from the Baisakhi Day celebrations of 1699 organized by the Tenth Sikh Guru, Guru Gobind Singh to form Khalsa - Brotherhood of Saint Soldiers to fight against tyranny and oppression.

Story of Baisakhi

The story of Baisakhi Festival began with the martyrdom of Guru Teg Bahadur, the ninth Sikh Guru who was publicly beheaded by the Aurungzeb, the Mughal ruler. Aurungzeb wanted to spread Islam in India and Guru Teg Bahadur stood up for the rights of Hindus and Sikhs and the Mughals therefore saw him as a threat.

After the death of Guru Teg Bahadur, his son, Guru Gobind Singh became the next Guru of the Sikhs. Guru Gobind Singh wished to instill courage and strength to sacrifice among his fellow men. To fulfil his dream, Guru Gobind Singh called on the historic Baisakhi Day congregation of Sikhs at Keshgarh Sahib near Anandpur on March 30, 1699.

When thousands of people assembled for Guru's blessing, Guru Gobind Singh came out of the tent carrying an unsheathed sword. He gave a powerful speech to infuse courage amongst fellowmen. At the end of the speech he said that every great deed was preceded by equally great sacrifice and demanded that anyone prepared to give his life come forward. On the Guru's third call, a young man offered himself. The Guru took the man inside a tent and reappeared alone with a bloodied sword. Guru Gobind Singh asked for another volunteer. This was repeated another four times until a total of five Sikhs had gone into the tent with the Guru. Everyone present was worried and thought that Guru Gobind Singh has killed five Sikhs. At this point Guru presented all the five men before the people. Every one present was surprised to see all five men alive and wearing turbans and saffron-coloured garments.

These five men were called Panj Piara or 'Beloved Five' by the Guru. The Guru blessed them with a Pahul ceremony. In an iron vessel, the Guru stirred with a sword called Khanda Sahib, the batasha that his wife, Mata Sundari Ji had put into water. The congregation recited verses from scriptures as the Guru performed the sacred ceremony. The water was now considered the sacred nectar of immortality called amrit. It was first given to the five volunteers, then drunk by the guru and later distributed amongst the crowd. With this ceremony, all those present, irrespective of caste or creed, became members of the Khalsa Pantha (the Order of the Pure Ones).

The Guru regarded the Panch Piaras as the first members of the Khalsa and the embodiment of the Guru himself. With the constitution of the Panj Pyare the high and low castes were amalgamated into one as among the original Panj Pyare, there was one Khatri, shopkeeper; one Jat, farmer; one Chhimba, calico printer; one Ghumar, water-carrier; and one Nai, a barber. The Guru gave the surname of Singh (Lion) to every Sikh and also took the name for himself. From Guru Gobind Rai he became Guru Gobind Singh. This was seen as a great step in national integration because society at that time was divided on the basis of religion, caste and social status.

Guru Gobind Singh also bestowed on Khalsa, the unique Sikh identity. He directed Sikhs to wear five K's: Kesh or long hair, Kangha or comb, Kripan or dagger, Kachha or shorts and a Kara or bracelet. Guru Gobind Singh also discontinued the tradition of Gurus and asked all Sikhs to accept the Grantha Sahib as their eternal guide. He urged them to come to him with their hair and beard unshorn to get baptized by the sword.

<http://www.baisakhifestival.com/history-of-baisakhi.html>



Children's Activity

Creative, innovative and talent are the 3 words to describe the kids, who joined in the fun filled day every month for the Children's Activity.

On the 28th last month, the kids made an Easter Egg Holder in conjunction with Easter day, which falls on the 4th April. **Not to worry if you have missed out this time, just come and join us on 11th April !!!**



Children's Activities

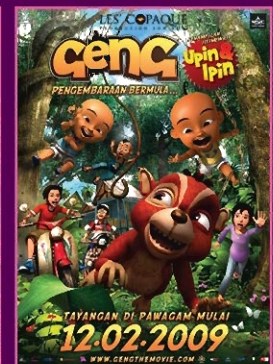
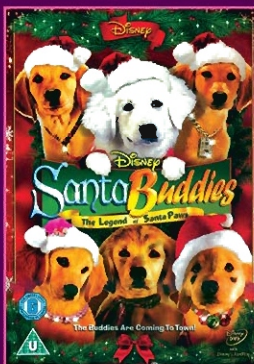
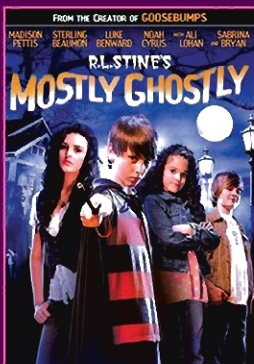
Mother's Day

Date : 02 May (Sunday) Time : 3.00pm – 4.30pm
Age : 3-15 years old Venue : Children's Library

Interested participants, please register with the Library Assistant, Puan Masitah Mohammad, at 03-4257 9066 (Ext. 138)

Children's Mini Theatre April

Every Saturday & Sunday at 4:30 pm



03 April (Saturday) **Mostly Ghostly**
04 April (Sunday) **The Shaggy Dog**

17 April (Saturday) **Stuart Little 2**
18 April (Sunday) **101 Dalmatians 2**

10 April (Saturday) **Santa Buddies**
11 April (Sunday) **Coraline**

24 April (Saturday) **G. Force**
25 April (Sunday) **Geng Pengembaraan Bermula Upin & Ipin**

Valentine's Darts



The 2010 Valentine Championship was held on the 26th March. It was a fun filled evening and participating Members had a good time. With the fun came the challenge and we had 10 pairs playing at their best. We hope to see more Members participating in this event next year and the upcoming events of this year.

Here are the top 3 pairs:

- Champions** - Janet & Kelvin
- 1st Runner up** - Gubdave & Jaspal
- 2nd Runner up** - Gary & Aggi

CNY Line Dance Jamming



The Line Dancers continue to woo back the dancers for a monthly jamming session after one month of break, kicking back their first jamming session on 21st February 2010. Most of the dancers dressed in their best REDs for the mood of the Spring festival. A small tea reception followed right after the event, which lasted for a series of 21 songs played.

1st Quarterly Golf Medal (17 March 2010)



Another golf medal was played in the ever green challenging course of Rahman Putra Club in the Stableford format. Though only 16 golfers turned up, the tougher guys got the balls rolling for the attractive prize money awaited for them to collect.

The results for the game and winners are listed below:-

Position	Golfers	Stableford Scores
1st	Aaron Loke	38
2nd	Ng Boon Kuan	33
3rd	Alan Loke	32 (OCB)
4th	Dr Kok Tack Sang	32
5th	Jacqueline Cheong	31 (OCB)
6th	Yeoh Su Hap	31
7th	John Tan	30

Upcoming Events

3rd Veteran Inter-Club Badminton League Challenge Trophy 2010 (VIBL'10)

Date/Day: **25th April 2010, Sunday**
 Time: **10.00am - 1st session**
 : 2.30pm - 2nd session

Venue: **Badminton Hall, Raintree**

(Only selected Raintree Badminton players can participate in this league which consists of 6 Clubs. For more information, please refer to the Badminton Notice Board.)

Raintree (Invitational) Inter-Club Tennis Tournament 2010

Date/Period: **28-30th May 2010, 3 days**
 Venue: **Tennis Courts, Raintree**

(Only selected Raintree Tennis players can participate in this tournament. For more information, please refer to the Tennis Notice Board.)

Coaching Facilities

Facilities	Coaches Name	Days / Time	Charges / Fees	Remarks
Aerobic	Sheena S Karpagam 016-318 7166	Monday & Friday 06:30 pm - 07:30 pm	RM 30 per session charge. RM 60 per month for 1 session per week. RM 100 per month for 2 sessions per week.	MPH (New)
Badminton	Tan Chong Seng, Kenny 012-220 7643	Monday - Sunday 08:00 am - 06:00 pm	Individual (U-21) - RM 25 / (Above 21 yrs) - RM 30 Junior Group 1- RM 90 (For 4 Lessons per month)	Badminton Court
Ballroom Dancing	Chew Ng Wah, Peter 016-663 6633	Wednesday 07:30 pm - 10:30 pm Friday 08:30 pm - 09:30 pm	RM 60 per month, one session per week Private Class: RM 75 per couple per 1 hour lesson	MPH (Old)
Line Dancing	Chin Yoke Fun, Lily 012-833 3345	Tuesday 08:00 pm - 09:30 pm Saturday 04:30 pm - 06:00 pm	RM 180 for 12 lessons (3 months) No class on Public Holidays	MPH (New)
Latin Salsa	Wong Khai Hoong 012-273 7396	Monday 08:00 pm - 09:30 pm	RM 120 per month, one session per week	MPH (New)
Gym & Fitness Programme	Karen Margie Gomes 019-383 8334	Upon request	RM 100 per session (1 hour)	GYM
Male Massage	Lee Sheng Shau 012-267 3759	Saturday & Sunday 02:00 pm - 06:00 pm	RM 50 per hour RM 35 per ½ hour	Male Massage Room
Female Massage		Saturday & Sunday 02:00 pm - 08:00 pm	RM 50 per hour / RM 35 per ½ hour RM 75 per 1 ½ hour	Female Massage Room
Swimming	Cheng Heng Jui 019-226 7909 (Swim Pro office) 03-7983 2503	Tuesday - Sunday 09:00 am - 09:00 pm	Children (U-15) RM 60 per month / once a week Adult (Above 15 yrs) RM 90 per month / once a week Pre-Competitive RM 70 per month / twice a week	Swimming Pool
Pilates	Hooi Tuck Sun, Tony 019-386 1981	Wednesday 07:30 pm - 08:30 pm Friday 10:00 am - 11:00 am Sunday 10:30 am - 11:30 am	Adult: RM 120 per month – 4 sessions (1st class) RM 80 per month – 4 sessions (2nd class) Children below 17 yrs old: RM 90 per month – 4 sessions (1st class) RM 60 per month – 4 sessions (2nd class) (All Classes Once A Week)	MPH (New)
Latino		Sunday 12:00 nn - 01:00 pm	RM 120 for 2 months – 8 sessions (once a week)	MPH (New)
Tae Kwan Do	Moi Chee Keong 012-617 7235	Saturday 03:00 pm - 04:30 pm	RM 45 once per week for person below 15 yrs. RM 60 once per week for person above 15 yrs.	MPH (Old)
Table Tennis	Eng Tian Syh 019-393 5315	Sunday 02:00 pm - 06:00 pm	RM 40 per month (once a week)	Table Tennis Hall
Tennis	S. Selvarajoo 019-299 2603	Monday - Sunday 08:00 am - 10:00 pm Sunday 12:00 nn - 01:00 pm Tue & Wed 07:30 pm - 09:00 pm	Individual Lesson RM 50 per hour Group Lesson (2 persons) RM 60 per hour Group Lesson (3 persons) RM 70 per hour Group Lesson (4 persons) RM 80 per hour Junior Programme 1 RM 50 per month Junior Programme 2 RM 100 per month Sparring Session with Young State / National Players RM 30 per hour	Tennis Court
Yoga	Balachanthar V 016-949 3832	Tuesday 07:00 pm - 08:00 pm	RM 90 per month, four sessions per month	MPH (New)

For more information, please call the Sports Counter at ext 142 or 143 or contact the designated coaches.

Members' Introduction Night

20th March 2010



IMPORTANCE OF DRINKING ADEQUATE WATER

by Dato' Steve Yap DIMP, FRSM - DSY Wellness & Longevity Center

How Much Water do we have in our Body?

When we were born, our body had 75% of water. As a youngster, our body had 60% of water. When we reach middle-age or old age, our body retains 50% or less water. Generally, over-weight or obese youngsters have less than 50% body water. Women tend to have more body fats than men and so they too have lower percentages of body water compared to men. Fat cells store no water. Water is stored mostly in muscles. Those with low muscle mass tend to have less body water. So any individual who is overweight tends to have less body water. The lack of body water is referred to as 'dehydration'.



Why is Adequate Body Water so important?

If your body water drops by as little as 1% to 2% of your body weight, your physical and mental functions and physical performance are impaired. Many people do not even notice anything abnormal with such a small loss of water from their bodies. They may not know that some of their mental and physical functions are being compromised by this dehydration. When water loss reaches 7% of body weight, the body may collapse. Due to its crucial role in human physiology, nutritional medicine regards quality water as an essential 'nutrient' just like protein, essential fatty acids, minerals, and vitamins.

We lose between 1.5 litres and 2.5 litres of water per day depending on our body mass, working/living environment, diet, lifestyles, and physiological problems. Two-thirds of this water loss is through the urine. One-third is lost through sweating (skin), breathing (lungs), and in the stools. In a state of dehydration, most water loss comes at the expense of our cellular health. Without healthy cells, we cannot have healthy organs for our body to function at its optimum. Essentially, nutritional medicine and (more recently) anti-aging medicine reverse chronic health disorders by targeting these problems at the cellular levels. Optimum cellular health is achieved through nutritional therapy.

If you do not have adequate body water, you may suffer from one or more of these consequences of dehydration:

- Overweight or obesity(including youngsters and children)
- Constipation
- Urinary bladder stones
- Higher risk of coronary heart disease
- Salivary gland malfunction
- Sleep disorders
- Thicker blood and poor blood flow
- Higher level of body toxicity and wastes
- Weak overall mental performance
- Early exhaustion during exercising
- Loss of muscle mass after weight or resistance training
- Increased incidence of lower back pain
- Increased risk of cancers of urinary tract, breast, colon, and rectum
- Heatstroke
- Damaged blood micro-vessels and blood platelets
- Higher mortality rates (for elderly people)



How do we become Dehydrated?

There are numerous ways by which the body loses water and these include:

- Not drinking enough water due to inconvenience
- Regular coffee, strong tea, soft drinks, and caffeinated beverages
- Alcohol consumption
- Regular consumption of dried foods and titbits
- Sports and vigorous exercises
- Sauna
- Far infrared ray
- High body fat or obesity
- Diabetes or pre-diabetes
- Loss of salt in urine (especially after acidic drinks or foods)
- Hot and dry weather conditions
- Sleeping or working in air-conditioned environment
- Travelling long distances on airplane
- Hormonal imbalances
- Diuretic drugs (example for treating high blood pressure)
- Kidney dialysis

Signs and Symptoms of Dehydration include:

- Dry lips/mouth
- Feeling 'heaty'
- Hard stools
- Sunken eyes
- Wrinkles
- Fatigue
- Low pain tolerance
- Poor control over allergies
- Low mental performance
- Weight (fat) gain
- Low urine output despite adequate water intake

How much water is 'enough'?

The eight glasses a day we were told to take while in secondary school may not be adequate to meet the needs of every adult taking account of factors such as levels of muscle mass and physical activities as well as the numerous ways in which he/she loses body water as discussed above. Most wellness or fitness centers today are equipped with machines to measure percentages of body water in individuals above the age of 18.

Projects Report



Tennis Courts Outdoor Lighting

Additional Tennis Courts lighting were installed and completed on 1st March 2010 and are operating to the satisfaction of the Tennis Members. Total cost for this project is RM 24, 310.



Children Swimming Pool

Tiling and painting works were done for the Children Swimming Pool at the cost of RM 4, 300.



New Karaoke System

Members are invited to test the new Karaoke System at our Karaoke outlet. The system installed is BMB DAX – 1000 (SE) DIGITAL ECHO AMPIIFIER and BMB CSX – 1000 (SE) SPEAKER SYSTEM (1pair) at the cost of RM 8, 820.

Hawker's Food



Loh Mee RM 8.00+
Thick egg noodles cooked with egg gravy and seafood

Signature Dishes



Lamb Rack RM 22.00+
A flavored lamb rack grill to perfection served with vegetable of the day and top-up with rosemary sauce

Weekend Specials



Moussaka RM 26.00+
Minced Lamb rest on egg plant, top-up with cheese and baked to golden crispy



Chee Cheong Fun RM 8.00+
Flat rice noodles with seasoning



Grill Chicken Breast RM 15.00+
Grill chicken breast served with vegetable of the day and choice of black pepper or mushroom sauce



Spaghetti Marinara RM 12.00+
Spaghetti served with seafood and tomato sauce

Teratai Bar



The Passion
Carvery Lunch available every Friday. Come on over for a quick lunch.



Entertainment by **Zack & Lyia**
This talented duo will serenade you every Friday from 8pm to 12 midnight



Salmon Fettuccini RM 18.00+
Fettuccini served with rich creamy sauce with slices of smoke salmon



Mushroom Fried Rice RM 10.00+
Slices of fresh prawns and julienne chicken stir fried with mushroom



Mee Bandung RM 10.00+
Chili, tomato and shrimps gravy served with yellow noodles, chicken, prawn, vegetable and poach egg



Announcement
Kindly be informed that shorts, slippers and other such extremely informal wear are prohibited from entering Lila Sari Chinese Restaurant on weekdays, weekends and public holidays.

Operation Hours

SPORTS

FACILITIES	DAYS	TIME	REMARKS
Tennis - outdoor - indoor	Monday - Sunday	07:00 am - 11:00 pm 07:00 am - 11:00 pm	
Badminton	Monday - Sunday	07:00 am - 11:00 pm	
Squash	Monday - Sunday	07:00 am - 11:00 pm	
Bowling	CLOSED FOR UPGRADING		
Basketball Court	Monday - Sunday	07:00 am - 10:00 pm	
Swimming Pool	Monday - Sunday	07:00 am - 10:00 pm	
Table Tennis	Monday - Sunday	07:00 am - 11:00 pm	
Gym	Monday - Sunday	07:00 am - 10:00 pm	
Snooker	Monday - Friday Sat/Sun/Public Holiday	03:00 pm - 11:00 pm 12:00 pm - 11:00 pm	
Mahjong	Monday - Sunday	12:00 pm - 12:00 am	
Massage Room	Sat/Sun/Public Holiday	02:00 pm - 08:00 pm	
Sauna	Monday - Sunday	07:00 am - 11:00 am 05:00 pm - 10:00 pm	
Steam Room	Monday - Sunday	07:00 am - 10:00 pm 05:00 pm - 09:00 pm	

F&B OUTLETS

Kenanga Coffee House	Monday - Sunday	10:00 am - 11:00 pm	Last order 10:30 pm
Teratai Bar	Sunday - Thursday Friday & Saturday	04:00 pm - 12:00 am 12:00 pm - 01:00 am	
Lila Sari Chinese Restaurant	Tuesday - Sunday	06:00 pm - 11:00 pm	Last order 10:30 pm MONDAY - CLOSED
Karaoke	Sunday - Thursday Fri/Sat & Eve of Public Holiday	05:00 pm - 12:00 am 05:00 pm - 01:00 am	
Children's Library	Tuesday - Friday Saturday & Sunday	10:00 am - 06:00 pm 11:00 am - 07:00 pm	MONDAY - CLOSED
Administration Office	Monday - Friday Saturday	09:00 am - 05:00 pm 09:00 am - 01:00 pm	
Hair Salon	Tuesday - Sunday	11:00 am - 07:00 pm	MONDAY - CLOSED
Beauty Salon	Tuesday - Sunday	10:00 am - 08:00 pm	MONDAY - CLOSED
Slot Machine	Monday - Friday Sat/Sun/Public Holiday	12:00 pm - 12:00 am 12:00 pm - 01:00 am	
Reading Room	Monday - Sunday	08:00 am - 10:00 pm	

I joined the Club during the early 1980s after having spent the most part of young adulthood in London. Now my son, Leo, and his wife, Candice, are independent Members of this established city Club.

Services delivered to Members at the Club during the 1980s were more akin to those offered at five-star hotels at the time. Of course, it's now beyond the financial means of any social/sport Club to offer its Members services and facilities comparable to today's five-star hotels. Those of us who patronize at these outfits would immediately find Club services and facilities too basic to our liking. However, it's unreasonable to say that the standards of services at the Club have deteriorated due entirely to its poor Management. It's simply beyond the economical means of its Management to offer a significantly superior service to its Members without raising their subscriptions to levels painful to the majority.

I've never being part of any dispute between Member groups and the Management, nor do I know what actually transpired that led to those disagreements over the years. I've been too busy developing my profession for the past three decades. I'd receive various notices, minutes, and newsletters, but must admit I don't remember reading any of them other than a quick glance on their front pages. Does this sound familiar to some of my fellow Members? There's a need to revive interest in the Club's activities amongst its pioneering or senior Membership. Maybe we should do a survey amongst these Members seeking their views on how the Club can within its present means attract them to use its facilities in a more frequent manner. Getting Members to meet other Members who share common interests has to be an important objective of any social Club. For some of its activities, not much has been achieved in this direction.

I only started taking a look at Samanea after my wife, Janet, shown me our family photograph being published when our son joined the Club upon turning adulthood. Leo and our daughter, Kim, literally grown up with the Club. They were the reasons why I continued patronizing its facilities during the 1990s and 2000s. I was very pleased they learned how to swim correctly under expert coaching. Now, I'm proud my granddaughter, Gigi, has just started using the kids' playground and swimming pool.



Pioneer's Message

by Dato' Steve Yap

Welcome New Members

The Club extends a very warm welcome to the following recently admitted new Members to the Club.

Principal	Spouse	Designation / Name of Company
Mdm Melissa Shamini A/P Periasamy	Ir Anthony Arokianathan A/L Darama Rajan	Lecturer Universiti Kebangsaan Malaysia
Mr Justin Lee Shyan Luen	Mdm Chung Pui Gin	Architect / GDP Architects Sdn Bhd
Mr An Tian Ding @ Han Tian Ding		Owner Restoran Savor Jaya
Mr Julian Wong Chun Yew	Mdm Liew Swee Meng	Project Engineer Marinair Holdings Sdn Bhd
En Mohamed Adani Bin Haji Ahmad	Pn. Wan Mahani Binti Wan Ismail	Director Ministry Of Energy, Green Technologi & Water

Second Generation Member



Left to right - Ir Anthony Arokianathan s/o Darama Rajan, Mrs. Melissa Shamini d/o Periasamy, Mrs. A. Margaret d/o S.P. Anthony, Mr. Periasamy s/o Sinakalai.

Mr. Periasamy s/o Sinakalai (Membership No. : 1694-2 IA). He is a Member since 10th August 1998. He is a Manager of Tex Cycle Sdn Bhd. His daughter, Mrs. Melissa Shamini d/o Periasamy (Membership No. : 1779-2 IA), is a Member since 4th March 2010. She is a Lecturer in Universiti Kebangsaan Malaysia.

Advertising in the Samanae

The Club has a total Membership Roll of 2000 Members from various public and private sectors. The monthly circulation of the Samanae is more than 2000 copies. We are offering this facility to advertisers for the advertising space in the Samanae at the following rates.

Back Cover	Full Page Color	RM 1,000.00
Inside Front Cover	Full Page Color	RM 900.00
Inside Back Cover	Full Page Color	RM 800.00
Inside	Full Page Color	RM 600.00
Inside	Half Page Color	RM 400.00
Inside	Quarter Page Color	RM 250.00
Mini 4cm x 8.8cm	Color	RM 30.00

Deadline for advertisement booking and submission is on or before 20th of every month.

For advertising enquires, please contact

Communication and Events Executive at 03 4257 9066 ext. 156

**DIGITAL
COLOR PRINT
FOR LEAFLET**

RM0.50/pc x 100pcs = RM50	
RM0.45/pc x 200pcs = RM90	
RM0.40/pc x 300pcs = RM120	
RM0.37/pc x 400pcs = RM148	
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A Ventures Group Company

Second Generation Members A truly family club!



The Club is proud and continues to attract new Members. We publish here another batch of the young Members who grew up at the Club. They were once little boys and girls and now they are full Members. They are the future of the Club!

The Club welcomes those who have reached the age of 26 years old, and those below the age of 26 years old, whom are married and working, to purchase a full Membership from the Club at a special rate, which is (a) Entrance Fee RM5000 (b) Refundable Deposit RM1000 (c) Monthly Subscription (advance) RM105. A very attractive sum of RM6105. Kindly contact the Membership Department for details.

Please be reminded that Family Members (Members unmarried dependent children below the age of 26 years who are undergoing a full time course of study) are permitted to use the Club's facilities and to take part in sporting and other recreational activities promoted by the Club subject to the condition as stated in the Club's Constitution.

There is a reduction on the Transfer Fee on Change of Nominee from RM1550 to RM500 with effective from 16 April 2009 for a trial period of one (1) year.

Calendar of Events - April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Labour Day Carnival Line Dance Jamming Badminton Club Evening	19 Table Tennis Club Evening Squash Club Evening	20	21 Tennis Night	22 Table Tennis Club Evening Badminton Club Evening	23 Darts Evening Tennis Night Squash Club Evening	24
25 3rd VIBL '10 Badminton Club Evening	26 Table Tennis Club Evening Squash Club Evening	27	28 Tennis Night	29 Table Tennis Club Evening Badminton Club Evening	30 Darts Evening Tennis Night Squash Club Evening	01 (May)

Calendar of Events - May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02 Children's Activity Badminton Club Evening	03 Table Tennis Club Evening Squash Club Evening	04	05 Tennis Night	06 Table Tennis Club Evening Badminton Club Evening	07 Darts Evening Tennis Night Squash Club Evening	08 Badminton Friendly with RLC Tennis Friendly with Japan Club
09 Mother's Day Event Badminton Club Evening	10 Table Tennis Club Evening Squash Club Evening	11	12 Tennis Night	13 Table Tennis Club Evening Badminton Club Evening	14 Darts Evening Tennis Night Squash Club Evening	15

Reciprocal Clubs

Overseas	Local
Singapore Singapore Recreation Club The Hollandse Club The Tanglin Club Raffles Town Club Aranda Country Club	Negeri Sembilan Tuanku Jaafar Golf & Country Resort
Philippines Baguio Country Club Manila Polo Club Inc	Terengganu Kelab Desa Rantau Petronas
Australia Royal Automobile Club of Australia City Tattersalls Club	Johor Segamat Country Club
Indonesia Indonesia Petroleum Club	Kedah Black Forest Golf Resort Sdn Bhd
Brunei Royal Brunei Yacht Club	Perak Royal Ipoh Club
South Africa Rand Club	Pulau Pinang Kelab Renang Pulau Pinang Kelab Sukan Pulau Pinang
Canada Glencoe Golf & Country Club	Pahang Fraser's Hill Golf & Country Club Astana Golf & Country Club
England The St. James Club	
China American Club Taipei	
Hong Kong The Hong Kong Cricket Club	
Scotland The Royal Scots Club	
Sweden The Sallskapet Club	
India Bombay Gymkhana Club	